



Trust Yourself - Module 4

The Intuition On Demand Technique

What are the 3 problems that The Intuition on Demand Technique solves?

What are each of the A-B-C-D's of the technique?

Write your own examples of good questions to ask:



Describe how to “Be Open” so your intuition is more consistent.

Collecting Intuition Messages

- Intuition speaks to you in fragments and pop-ups – Things that are piecemeal.
- When you ask a question to trigger your intuition, it’s very important that you know how the answers will appear so you can collect them.
- You have to know the characteristics of an intuition message first. Otherwise you won’t know your intuitive message when it comes.
- You may see a fragment of an image in your mind, or hear a word or two. This is okay.
- You collect the pieces and the begin to tell a story or have meaning.
- Know you’re not making it up by practicing so you know when it’s a hit.

What is “Do it Again”?

Practice, Practice, Practice

- Practice exercises on non-important things
- Practice this the Intuition on Demand technique that I'm teaching you.
Practice the method consistently to receive amazing results
- Practice using exercises that are simple, non-emotional where you have no attachment to the outcome.
- Write it down! Your exercise results and your intuition moment stories.
- When you understand how intuitive messages specifically come to you you'll find they will always come the same way.
- Then when you need to use your intuition on something more serious or more important, you are ready to know when it is your intuition or you're just making it up.